

* DANCE CLASS DESCRIPTIONS *

Tiny Tappers/Fairy Ballerinas

This class is designed for our tiniest dancers. Open to ages 18 months - 3yrs. This class lets the kids explore the fun in music, movement and dance. Kids will leap learn and laugh learning how to be a fairy ballerina or making music with their feet in tap.

Mommy & Me

What a great way to bond with your child than moving and dancing around the room with them. This is a great way to expose your child to dance with you right by their side. This class is open kids 18 months - 3 yrs. come let's play.

Multiple Exposure

This class is devoted to exposing a young child (ages 3-5) to a variety of forms of music and dance. Included are tap, basic ballet, basic tumbling and creative movement. This is a 45 minute class.

Ballet

Classes are devoted to teaching ballet using a combination of Russian, French, and American influences. Emphasis is placed on proper body placement and alignment, control and focus. Classes are one hour long for beginning to advance for children to adults. Levels I, II & III

Ballet Stretch/Tone

Helps improve flexibility as well as building muscle. This class is highly recommended for all dance levels I, II and III.

Hip Hop

This class combines street moves with traditional jazz to create a pop-and-lock style that sends off a lot of energy and attitude. Levels I, II & III

Musical Theater

Combines music, songs, spoken dialogue, acting and dance. Broadway-style works like Westside Story, Cats, Annie and Chicago. Levels I, II & III

Tap

This class enhances and teaches a student's ability to utilize style, rhythm, timing and cardio stamina. It is a one hour class offered beginning to advanced for children to adults. Levels I, II & III

Jazz

Classes are devoted to developing technique and contemporary movement using a variety of music. Classes are one hour long for beginning to advanced for children to adults. Levels I, II & III

2011 DANCE CLASS SCHEDULE	
STUDIO A	STUDIO B
MONDAY 3:30-4:30 Jazz I 4:30-5:30 Tap I 5:30-6:30 Jazz II 6:30-7:30 Tap II 7:30-8:15 Tap III	10:30-11:00 Mommy & Me 3:15-4:00 Fairy Ballerina/Tiny Tapper 4:00-4:45 Multi. Expos 3-4 4:45-5:30 Multi. Expos 5-6 6:30-7:30 Jazz III
TUESDAY 3:30-4:15 Mini Hip Hop 4:30-5:30 Hip Hop I 5:30-6:30 Musical Theater I, II 6:30-7:30 Hip Hop III 7:30-8:15 Musical Theater III	3:30-4:15 Boys Hip Hop 4:30-5:30 Hip Hop II 6:30-7:30 Adult Hip Hop
WEDNESDAY 3:30-4:15 Multit. Expos 3-4 4:15-5:00 Multi. Expos 5-6 5:00-5:45 Multi. Expos 3-4 5:45-6:30 Multi. Expos 5-6	3:30-4:30 Ballet/Tap 4:30-5:30 Jazz/Tap
THURSDAY 3:30-4:30 Ballet I 4:30-5:30 Ballet I (12+) 6:30-7:00 Pre-point 7:30-8:15 Point	3:30-4:15 Pre-Ballet 4:30-5:30 Ballet II 5:30-6:15 Ballet Stretch/Tone 6:30-7:30 Ballet III
SATURDAY 9:00-9:45 Multi Expos 4-6 9:45-10:30 Ballet Fusion Fitness	Classes are subject to change without notice

Class Pricing

Fairy Ballerinas/ Tiny Tappers/Mommy & Me

\$15 per month

Combo & Multi. Expos

\$25 per month

Levels I, II & III

\$30 per month

Adult

\$25 per month

Point/Pre-Point/ Ballet Stretch

\$20 per month

Ballet Package

\$50 per month

Ballet II or III, Ballet Stretch,
Point or Pre-point

*Boys Classes are \$15 per month

Payments are due the
first of the month

Multiple student/class
discounts available

Registration Fee: \$10.00

The Studio

- Mission it to teach a comprehensive and professional level of instruction focused on proper dance techniques in a fun and safe environment.
- Equipped with 2 professional dance floors, mirrored walls and ballet barres
- Dance store for all your dancewear needs
- Regular studio performances
- Located at Magnificent Seven Court, Bemidji. Corner of Jefferson and 5th, 1/2 mile from water tower

The Instructors

Cathy Marcotte, Owner
Katrina Marcotte
Maija Otness
Malisa Vanmaasdam
Ryan Peters
Andrew Lutz
Mariesa Hipolito
Kirsten Goldstein
Samantha Parker - NCSF-CPT
Melanie Schmidt - NETA

Your Studio of Choice®



Email: dance@paulbunyan.net • Website: www.firstcitydance.com

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Fall Schedule 2011
Classes Start Sept. 6th

Cathy Marcotte
657 Magn 7 Court
Bemidji, MN 56601
Phone: 218-757-1212